

The Wolfreton Way Newsletter

Issue 10

As the half-term draws to a close, it is a pleasure to be updating you on another strong fortnight across the school. From the exceptional way Year 11 have conducted themselves during their first week of mock exams, to the joy of the Year 7 Valentine's disco, once again, the weeks are packed to the seams. It has also been a pleasure to welcome so many families into school for our recent Progress Evenings, with more to follow next half term. I hope you enjoy the read and I wish you a lovely half-term break.



History Makers! U12 Yorkshire Plate Winners

On Saturday 1 February 2025, the Year 7 boy's rugby team travelled to West Park Leeds to face Crossley Heath in the Yorkshire RFU School's Plate Final.

Our Year 7 team secured a comprehensive victory winning 35-5 after running in 5 tries in the second half after a close first half! The boys will now go down in history as the first ever Wolfreton team to win a Yorkshire RFU trophy.

Whilst the whole team played

exceptionally well, the Captain of Crossley Heath recognised Harrison who was awarded the Man of the Match Award for his strong tackling and his second half try. A brilliant performance and an even better day for the students, their families and the staff as well!

Our Year 7 Captain, Thomas reported, 'I am really proud of the boys and I am really happy with the result!'

Well done and special thanks to Mr Marshall for coaching the team!

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Futsal Fever! Year 8 Girls Team Crowned East Riding Champions!

A huge congratulations to our incredible Year 8 Girl's Futsal team who have stormed to victory in the East Riding Championships!

Their skill, teamwork, and determination shone brightly as they battled their way through the competition, ultimately clinching the top spot and earning a well-deserved place in the Humberside Finals!

Throughout the tournament the team demonstrated fantastic sportsmanship, supporting each other and playing with respect for their opponents. They truly embodied the values of teamwork and fair play, something we are so proud of at Wolfreton.

This victory is a fantastic achievement and a reflection of the hard work and commitment shown by the players.

Now, the team has set its sights on the Humberside Finals! This is a fantastic opportunity to showcase their talent on a larger stage and compete against the best teams from across the region. We have no doubt that they will rise to the challenge and give it their all.

Come on Year 8 Girls Futsal team – bring home the Humberside title!

STEM Roadshow

On Wednesday, 5 February, our Year 7 and 8 students had an exciting opportunity to attend the STEM Roadshow, a dynamic event that partners with BAE Systems, The Navy, and the RAF, to bring cutting-edge science and technology directly to students.

This year's theme was 'Artificial Intelligence' - a topic that is increasingly shaping the future and influencing countless aspects of our daily lives.

The presentation introduced AI as a powerful tool that we can harness to solve complex problems, but it also highlighted an important message: human skills are essential to ensure AI is used to its full potential. The speakers emphasised how human creativity, judgment, and ethics play crucial roles in making AI work for the betterment of society.

One of the highlights of the event was a demonstration on how to identify 'deep fakes' - a rapidly evolving

danger posed by AI in media and online spaces. Students were shown how to critically assess content and recognise when images, videos, or audio have been altered. The interactive session was engaging, and it encouraged everyone to think about the implications of AI technology in today's world.

The star of the show however, was none other than Lexi the AI dog! Lexi stole the spotlight with her impressive range of tricks, showcasing the fun and fascinating side of artificial intelligence. Her playful tricks were not only entertaining but also helped demonstrate how AI can be integrated into real-world applications, making technology accessible and enjoyable.

A big thank you goes to the BAE Systems Education Programme for making this event possible and providing our students with such a fun, engaging, and insightful morning. The STEM Roadshow gave our students a unique opportunity to learn about the rapidly advancing world of AI and sparked excitement about the endless possibilities technology holds for the future.



Year 7 Valentine's Disco

What a night! The Year 7 Valentine's Disco was a huge success, filled with dancing, games, and even some surprise ducks!

The event kicked off with an electrifying playlist featuring some of the greatest hits, setting the stage for a night of fun and energy. Glow sticks were handed out, lighting up the room as the students began to show off their best dance moves. From there, we dove into Cupid's Catapult Challenge. Students worked together in teams to build the most effective catapult and launch love hearts into the air. Their teamwork and determination were amazing and it was clear that everyone was getting into the spirit of the evening!

And then there were the ducks! Yes, you read that right - ducks were awarded for some truly exceptional dancing. The "worm" made a strong comeback, with several students mastering this funky move and earning some well-deserved duck-shaped awards! The final event of the evening was a test of teamwork. The challenge? To get a whole team through a hoola hoop while holding hands. The competition was fierce, with Miss Davidson's team taking the victory in a dramatic last-minute win over Mrs Morton's team. Well done to all who participated!

As if the fun wasn't enough, we also managed to raise an impressive £266 for the Peru students, who were

selling refreshments throughout the night. A huge thank you to everyone who attended and supported the fundraiser - your generosity made the evening even more special.

Thank you again to all who made it possible. Let's keep the spirit of fun and community going strong!



Attendance Matters at Wolfreton

We are delighted to share some fantastic news - every year group in our school is currently above the national average for attendance.

A special congratulations goes to our Year 11 students who have made a significant improvement. They are now 2.5% above the national average, a fantastic achievement that will no doubt have a positive impact on their outcomes and future success. Well done Year 11!

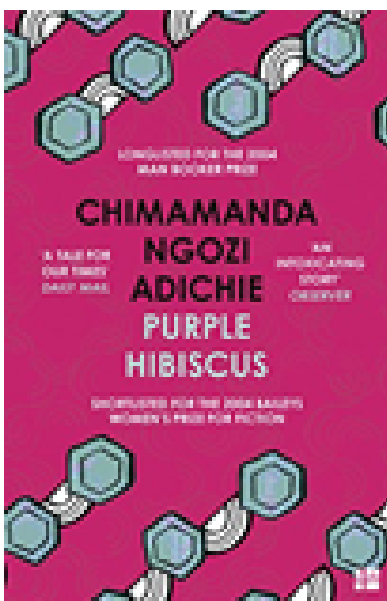
We would also like to take this opportunity to thank parents and carers for their ongoing support in ensuring students attend school regularly. Your commitment plays a huge role in helping our students achieve their best.

A huge well done as well to over 533 students who have achieved six full weeks of 100% attendance this half term. Their dedication will be rewarded with a mystery prize during the second week back after half term, we can't wait to celebrate their success.

Let's keep this momentum going next half term. Every day in school counts.



Canon Reading Recommendation



Purple Hibiscus, Chimamanda Ngozi Adichie

The limits of fifteen-year-old Kambili's world are defined by the high walls of her family estate and the dictates of her fanatically religious father. Her life is regulated by schedules: prayer, sleep, study, prayer.

When Nigeria is shaken by a military coup, Kambili's father, involved mysteriously in the political crisis, sends her to live with her aunt. In this house, noisy and full of laughter, she discovers life and love – and a terrible, bruising secret deep within her family.

This extraordinary debut novel from Chimamanda Ngozi Adichie, author of 'Half of a Yellow Sun', is about the blurred lines between the old gods and the new, childhood and adulthood, love and hatred – the grey spaces in which truths are revealed and real life is lived.

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Safer Internet Day

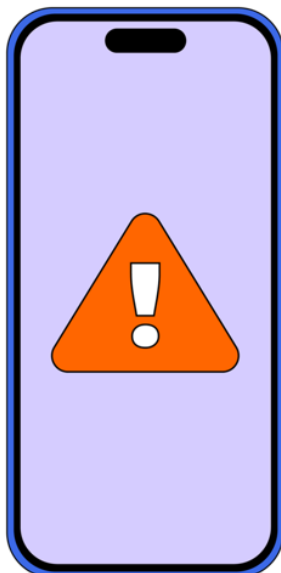
This week's assembly focussed on Safer Internet Day and in particular, this year's theme, of 'Too Good to be True? Protecting yourself and others from Online scams'. We discussed the most common online scams from phishing to online shopping and as part of the assembly, we listened to Aimee's story; a young person who had been tricked online into purchasing fake tickets for a concert and she shared advice on how students could protect themselves.

Here are our top tips:

- Take caution with online purchases and try to purchase from legitimate retailers e.g. Twickets if purchasing retail tickets.
- Don't accept friend requests from people that you do not know.
- Ask yourself - is this 'too good to be true?' and ask a trusted adult if you are unsure before providing any information or purchasing.
- Use strong and separate passwords for different websites so that if someone gains access to one account, they do not have access to all. Ensure Two Step Verification is used where possible to add an additional layer of protection for online accounts.



Too good to be true? Protecting yourself and others from scams online'.



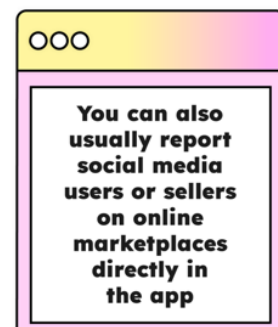
If you've been the victim of a scam, report it to **ActionFraud.police.uk** or by calling **0300 123 2040**
Or in Scotland by calling **101**

Forward suspicious emails to **report@phishing.gov.uk**

Forward suspicious texts to **7726**

Report fake adverts to the **Advertising Standards Authority**

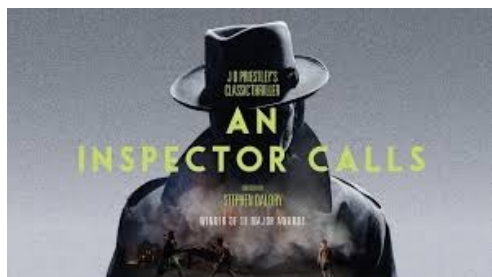
Report fake websites to the **National Cyber Security Centre**



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Curriculum Corner

Theatre trip to support English Literature revision



On the evening of Tuesday 11 February, 79 Wolfreton students took up a great opportunity to support their learning in GCSE English Literature by attending the multi-award winning production of JB Priestley's classic thriller 'An Inspector Calls' at Hull New Theatre.

The performance was thoroughly enjoyed by all who attended, with Year 11 students particularly benefitting from the revision of the play during their mock exam period.

Thank you to the English Faculty who arranged the trip and attended with the students.

Supporting your child through the mock exams

Now that our Year 11 mock exam series is well under way, here are our Top 5 Tips for parents to support your child through this period of time.

Tip 1: Get planning with your child

- Students have been supported in creating a revision timetable through their Study Skills sessions.
- Keep revisiting these plans with your child to agree on when revision will take place. Remember the timetable isn't set in stone – if something needs to be adapted that's fine.
- The half term break should be a balance of time off studying, and some focused revision sessions.

Tip 2: Encourage LEARNING habits

- **Remind** – What did your child agree to do in terms of their revision? Remember – 30 minutes on one subject is the best amount of time.
- **Respond** – What can you do to remove any barriers faced?
- **Reward** – Positive reinforcement of revision habits!

Tip 3: Check HOW your child is revising

- Revision techniques need selecting based on what a student wants to achieve.
- Revision should make students THINK – they want knowledge in their long-term memory.
- Students have done some work on this revision process during their Study Skills sessions.



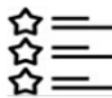
Step 1: Retrieve knowledge – assess strengths and weaknesses and decide what to focus on.



Step 2: Learn the knowledge/facts/key information about the area of focus.



Step 3: Apply the information – use the knowledge/facts to answer exam questions.



Step 4: Assess progress – has your revision worked? If yes – move on. If no – what do you need to do differently?

RETRIEVAL	LEARN	APPLY & PRACTICE	ASSESS & EVALUATE
Mini Quiz Use your notes to make a quiz. You could use GCSEpod, Tassomai, or BBC Bitesize too.	Tell me 5 List five facts you know about each topic (could be in a grid or mindmap). Anything you couldn't list is a priority.	Mindmap/Flashcard/timelins Summarise a whole topic or section using categories and colour to organise the information.	Read a minute, bullet a minute Then check how much you remembered!
Exam questions Write/plan an answer from memory, and then in a different colour fill in the gaps using the spec, need-to-know list, or revision guide.	Factor grid List all the factors in that course, e.g. technology/the church for medicine. Bullet point key information beneath, from across the time periods.	RAG rating Get a topic list and rate each part of it - red if you don't remember anything, amber for some, green for all. Work on red topics first.	Dual coding Summarise notes with simple stickmen diagrams from memory and then with notes.
Revision guide questions Answer the Grade 1-4, 5-6, 7-8 questions in the knowledge booklets on topics you struggle with.	Reflection questions Ask yourself if you did your best work. If you did, did it work? Is there a quicker or more effective activity you could do next time? What could you change? Even when you are confident, keep including it in retrieval practise so you don't forget it.	Lotus diagrams/Hexagons Use structured diagrams to summarise topics or areas of a topic.	Revision guide questions Answer the Grade 1-4, 5-6, 7-8 questions in the knowledge booklets on topics you struggle with.

Step 2: LEARN examples

Dual coding 	Hexagon
Timeline 	Lotus diagram - make notes around the key topic.

Revision Process: Which is right for you?

Have a look at the three examples of a revision process below. Which would work best for you? Select one and have a go at the process yourself.

Example 1: Retrieval RAG rate list	Learn Mindmap	Practice PEE Para summary	Assess Reflection questions
Example 2: Retrieval Quiz	Learn Flashcards	Practice Exam question	Assess Reflection questions
Example 3: Retrieval Tell me 5	Facts Lotus	Practice End of unit Knowledge test	Assess Reflection questions

Curriculum Corner

Tip 4. Encourage Healthy Habits

- **Eat well** - Healthy, balanced and regular meals are a must. Chocolate and fizzy drinks are great for treats, but they shouldn't be used to 'help' with revision sessions.
- **Sleep well** - Good quality sleep is more important than lots of sleep. Time away from a screen in the hour before bed really helps.
- **Exercise well** - Having a break from revision and going outside for fresh air (without a screen!) is more beneficial than revising non-stop for a few hours.

Tip 5: Remember – these mock exams are actually the hardest bit!

When the exams start in May you will have finished your courses, completed even more revision, and be fully focused on the exam process. Plus, you'll have already practised them all!

By May, we will also have light night's and the weather will be better (hopefully!).

So the exams in May and June will be smooth sailing compared to the mock exams with good preparation now!



Homework

Thank you to everyone who has continued to work with us and give us feedback regarding our new system of informing parents about the setting of homework through Arbor.

We are continuing to review and refine the system.

From next half term, staff have been asked to delete any homework assignments that are no longer 'live'. This will help to ensure that parents have the most up-to-date information about the homework their child is currently working on.

Reminders for parents about recent homework news:

- At KS3, Maths have now re-introduced Sparx Maths as our homework platform. Click the link to take you to the login page; [Sparx Maths Student Login](#)
- Staff will record any missed homework through our behaviour system on Arbor.
- Any documents uploaded to Arbor to support with homework can be viewed by parents through the **Arbor website** only.
- Link to **Arbor website**: [Log in to your School | Arbor](#)

House Points

Rewards earned by each House since the start of the year:



180,103



190,603



182,899



191,166



183,855

**Total House
Points
928,626**

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Notices

Drop Off /Pick Up Point

When using the drop off/pick up point, please can parents ensure they are not waiting in the parking bays for any length of time. This will not only support in reducing the traffic congestion on Well Lane, but will help to avoid dangerous crowding, minimising any potential risk to students on foot.

Parent Survey Reminder

Following on from the correspondence sent to parents earlier this week, the deadline for completion of the Edurio survey is Monday 24 February 2025. The survey should take no more than 15 minutes to complete. Please note that it does need to be completed in one sitting. To complete the survey, please click on the link <https://edurio.com/poll/LoY5Bd> We are keen to hear your views.

Exam Invigilators

Wolfreton is seeking to appoint Exam Invigilators on a casual basis to join our Exams and Data Team. Find out more here <https://mynewterm.com/jobs/144561/EDV-2025-WSASFC-25702>

Key dates

Friday 14 February ...School Closes for Half Term

Monday 24 February ...School Re-Opens

Wednesday 26 February ...Year 12/13 Parents' Evening

Wednesday 26 FebruaryYear 9 Parents' Evening (Selected groups - Please refer to the letter sent this week)

Have your contact details changed?

If you have changed any contact details such as home address, mobile number, email etc. these must be updated on the Arbor Parent Portal so we can ensure our system is up to date and can remain in contact with you.

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here...

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cathy Ferguson is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Kids, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



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