

# Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> £2.40	CHICKEN BURGER BAKED WEDGES & BEANS	MEATBALLS ITALIANO	ROASTED GAMMON WITH SEASONAL VEG & POTATO	CHICKEN TIKKA WITH RICE	BREADED FISH CAKES, CHIPS WITH PEAS & TARTARE SAUCE
<b>PLANT BASED MAIN MEAL / VEGETARIAN</b> £2.40	VEGETABLE BURGER WITH WEDGES & BEANS (V)	VEGETARIAN QUORN CHILLI SERVED WITH SAVOURY RICE (V)	BROCCOLI PASTA BAKE (V)	VEGETARIAN KEEMA WITH RICE (V)	VEGETARIAN SAUSAGE WITH CHIPS PEAS & GRAVY (V)
<b>STREET FOOD</b> £2.25	SOUTHERN FRIED CHICKEN BAGUETTE	SPICY CHICKEN WRAP WITH SALAD	CHINESE CHICKEN AND ASIAN NOODLES	PULLED PORK BAP	CHICKEN TANDOORI FLATBREAD
<b>TAKEAWAY TUBS</b> £2.25	VEG STIRY FRY WITH EGG NOODLES	MIXED BEAN FAJITA	SPICY BEEF BURRITOS	BBQ CHICKEN WINGS	VEG CHOW MEIN
	MAC 'N' CHEESE (V)	PASTA POMODORO (V)	TOMATO AND BASIL PASTA (V)	PENNE ARRABIATA (V)	TOMATO AND MASCARPONE PASTA (V)
<b>PIZZA SLICE</b> £1.50	PEPPERONI	SPICY CAJUN CHICKEN	CHEESE AND HAM	PEPPERONI WITH JALAPENO	PEPPERONI
	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)
<b>JACKETS</b>	TRY OUR DELICIOUS FILLINGS FOR 80P EACH				
<b>DESSERTS</b>	ICED CHOCOLATE MARBLE CAKE	APPLE CRUMBLE & CUSTARD	BROWNIE	LEMON CURD SPONGE	CHOCOLATE SPONGE & CUSTARD

## Meal Deal

Main Meal with Vegetables, Dessert & Small Bottle of Water



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## £2.80

All of our Main Meals, Sandwiches & Desserts are Freshly Made on Site Every Day